

# ARNOLDIAN ODYSSEY

Issue VI, (JAN 2025)



**INSPIRING  
MINDS**

**NURTURING  
HAPPINESS**

**ST. ARNOLD'S HIGH SCHOOL & JUNIOR COLLEGE  
ANDHERI EAST, MUMBAI - 400 093.**

[www.arnoldsandheri.edu.in](http://www.arnoldsandheri.edu.in)





# ST. ARNOLD'S JUNIOR COLLEGE OF SCIENCE AND COMMERCE

## OUR SERVICES

- \* HSC REMEDIAL LECTURES
- \* HSC MOCK PRACTICALS
- \* HSC PAPER SOLVING LECTURES
- \* ICT ENABLED CLASSROOM
- \* WELL EQUIPPED LABS
- \* SPACIOUS CAMPUS

## SUBJECTS OFFERED IN SCIENCE

1. ENGLISH
2. INFORMATION TECHNOLOGY/HINDI
3. PHYSICS
4. CHEMISTRY
5. BIOLOGY
6. MATHS

## SUBJECTS OFFERED IN COMMERCE

1. ENGLISH
2. INFORMATION TECHNOLOGY/HINDI
3. SECRETARIAL PRACTICE / MATHS
4. ECONOMICS
5. ORGANISATION OF COMMERCE & MANAGEMENT
6. BOOK KEEPING & ACCOUNTS







# **ST. ARNOLD JANSSEN**

FOUNDER OF SVD, SSPS, SSPSAP  
1837 - 1909



# The Editorial Team



## CHAIRPERSON

Fr. Laiju Varkey, SVD



## TREASURER

Fr. Callisto Gomes, SVD



## EDITOR

Ms. Sharon Dsouza

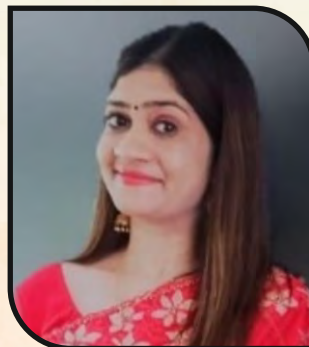
## COMMITTEE MEMBERS



Mr. Jalston Sutari



Ms. Lisha Sequeira



Ms. Sweedle Nago



Ms. Allva D'mello



Ms. Kusum Rai



Mr. Ravindra Gad



Ms. Joana Mathias



Ms. Diana Sequeira

## PHOTOGRAPHY

Ms. Tina Sony  
Ms. Lisha Sequeira  
Ms. Maria Mascarenhas  
Ms. Rizwana Rar

## DESIGN & LAYOUT

Mr. Jalston Sutari

## PRINTING

Ashish Printers



## Message from the Provincial Superior – India Mumbai Province



As we look around, particularly in different parts of South India, we often see tall, fruit-bearing trees like jackfruit, mango, coconuts and so on near houses. Each large tree has a story behind it. Many years ago a young mother or a father had dug the ground, planted a seed, watered, manured and nurtured the plant. He or she had a foresight for the generation yet to come. They laboured selflessly for the benefit and enjoyment of their children yet to be born. Today's generation is enjoying the fruits of their ancestor's labour and foresight, and the fruits freely given by these tall trees.

Similarly, at St. Arnold's High School & Jr. College we have a foresight that the little child who enters the school with all the innocence of the world become a tall figure in the Society in days to come. Every child is blessed with inborn qualities, talents and abilities which needs to be nurtured with love and care. The child has to be trained and developed in the following three key areas for a transformation into a towering personality.

- **Academic Excellence:** Good scholarly performance or excellent marks helps a student to gain access to professional colleges and opens the doors for great opportunities for a promising career.
- **Good Values:** In today's world, honesty, sincerity, compassion and integrity are highly sought after. Values instilled during childhood equip the students to be successful and prosperous.
- **Strong Personality:** The future holds many challenges for success and prosperity. From technological advancements to ever-changing societal demands, a man has to rise to the demanding occasion with boldness and courage without any fear or anxiety. A child has to develop an adaptable, enduring, and forward thinking personality.

At St. Arnold's, our mission is clear – to nurture each child so they grow into exemplary citizens. Our ultimate desire is to see every student becoming a great blessing to his or her family, the society and the nation. To the students, I say this – co-operate with your parents and teachers as they nurture and guide you. Their love, discipline, and encouragement are all a part of their vision for your bright future. The Book of Proverbs – 16:3 in the Holy Bible reminds us: “Commit to the Lord whatever you do, and He will establish your plans”. Entrust your aspirations to God, who will bless your talents and guide your journey.





## Message from the Manager / Rector

It is with great joy that I share this message for our school magazine, a platform that reflects the vibrant spirit, creativity and accomplishments of our school community. Our training aims at the holistic development of the students, so that they are ready to counter the challenges of the world and serve as agents of continuous improvement and change.

Education is not merely about academics; it is a journey of growth, discovery and transformation. In our school, we strive to nurture not only minds, but also hearts, fostering values that guide our students to become compassionate, responsible and innovative leaders of tomorrow.

This is a great moment in your life. Make your choice wisely and well. At this moment you are at a turning point in your life. The time is now to decide where you want to go – what you want to do with your future. This is a crucial decision-making moment for the students.

May this magazine inspire us all to think creatively, act with purpose and achieve with integrity. We want to prepare our youth for more than just a job, we want to prepare them for life! Our effort is to become a centre for excellence of learning, unique in experience, value based in approach and pioneering in efforts for an enriching and fulfilling life.

**–Fr. Dr. Scaria Pannackal, SVD**



## Message from the Principal



Dear Students and Esteemed Readers,

At St. Arnold's High School & Jr. College, we firmly believe that the essence of true education lies in inspiring minds and nurturing happiness. Our vision is not merely to prepare students for exams, but to prepare them for life! To achieve this, it is important that we cultivate in each student two essential qualities: an inquisitive mind and a nurturing spirit of happiness. These traits not only shape academic success but also form the foundation for a fulfilling and purposeful life.

An inquisitive mind is one that constantly seeks to understand, explore, and grow. It is a mind that asks questions, challenges assumptions, and dares to venture beyond the known. Inquisitiveness is the key to innovation, creativity, and critical thinking. It fuels the desire to learn, and fosters a sense of wonder about the world around us. As students, you should never be satisfied with surface-level knowledge. Always ask questions, dig deeper, and search for connections. Be curious about how things work, why things are the way they are, and what new ideas can be brought into the world. Remember, the world is vast, and your journey of discovery is limitless. The answers you seek today may lead to even more profound questions tomorrow.

However, learning alone does not make a person complete. Nurturing happiness is equally essential in your journey of growth. Happiness is not just an emotion; it is a mindset, a choice that you make every day. It is about appreciating the small moments, finding joy in the process, and maintaining a positive attitude even in the face of challenges. True happiness comes from within – from building meaningful relationships, practicing gratitude, and having a compassionate heart. As students, nurturing happiness means taking time to care for your mental and emotional well-being, supporting your peers, and celebrating each other's successes.

When you combine an inquisitive mind with a spirit of happiness, you create a powerful force that can lead you to achieve great things. A curious mind helps you grow intellectually, while a happy heart empowers you to face obstacles with resilience and optimism. Together, they create a balanced, holistic approach to life – one that prepares you for success, not just in school, but in every aspect of your future.

So, I encourage all of you to be lifelong learners, always questioning, always exploring. At the same time, embrace the happiness that comes from growth, kindness, and perseverance. Let your journey through St. Arnold be one of both, intellectual discovery and emotional fulfillment.

**–Fr. Laiju Varkey, SVD**



## Message from the Head Mistress (Primary Section)



As we walk through the school gates each morning, we don't realize the significance of these formative years. It is a treasure trove of memories, experiences, and relationships that shape us into the individuals we are meant to be. A School is not just about academics; it is about growing, making memories, and finding out what you love. Think about the times when you and your friends laughed over silly jokes, played games during lunch breaks, or supported each other during difficult times.

School days are a time for exploring and discovering. We make new friends, form close bonds, and create memories that last a lifetime. Whether it is our first day of school or our first school play, every experience is a new adventure awaiting to unfold. Children live in the present moment, free from the burdens of the past or anxieties about the future.

Take, for example, the Annual Sports Day at school. It is not just about winning medals, but about the fun of cheering for your classmates, running together, and feeling proud of the team spirit. Even if you do not win, the memories of that day remain with you forever.

A school is also where you make friends who stay with you for a lifetime. The bonds you form in school are unique because they are built on shared experiences. Never take these friendships for granted! But school is not just about fun and games; it is also about learning valuable lessons. The subjects may seem tough at times, and the exams can feel stressful, but the effort you put into your studies today will shape your future tomorrow. And who knows... the subject you find boring today could become your passion tomorrow! Apart from the knowledge we get from textbooks, we learn the values of friendship, hard work and honesty, along with important life lessons and skills during school days.

The teachers who guide you also play a key role in shaping your lives. They not only teach you lessons but also guide you through your challenges. Remember that childhood is fleeting. As you grow older, responsibilities increase, and life becomes more complicated. These moments of freedom and fun are special, so make sure you enjoy them to the fullest.

In conclusion, school days are a treasure chest of memories, laughter, and lessons. They are the foundation of who we become as adults. So, while you're busy with exams and school projects, remember to take a step back and appreciate everything around you. Cherish your friends, your teachers, and the little moments that make school life so wonderful. You will look back on these years later, with a smile, and realize that they were, without a doubt, the happiest days of your life.



# Editorial



It is with immense joy and pride that we present to you this year's edition of our school magazine. This magazine serves as a mirror, reflecting the talents, the dreams, and the relentless efforts of our students and teachers, who have poured their hearts into making this year unforgettable.

From academic triumphs to cultural celebrations, sports victories to artistic expressions, this magazine captures the essence of what makes our school a unique and thriving community.

Our academic theme for this year "Inspiring minds, nurturing happiness" is more than just a phrase. It highlights the importance of fostering intellectual growth while ensuring the emotional well-being of our students.

When teachers inspire the minds of the students, they are more likely to dream big, innovate, and contribute meaningfully to society.

However, intellectual growth alone is not enough. Nurturing happiness is equally important. In schools, this means promoting inclusivity, empathy, and opportunities for self-expression.

Combining these two elements—intellectual inspiration and emotional well-being—leads to a more balanced and fulfilling life. We can thus create a world where people are not only knowledgeable but also compassionate and joyful. This is the true essence of a meaningful and successful life.

A heartfelt thank you to all the contributors, the editorial team, and the teachers for their dedication in bringing this magazine to life. We hope it inspires, entertains, and leaves you brimming with pride for being a part of this remarkable institution.

**-Mrs. Sharon D'souza.**



## P.T.A Executive Body Meeting

The first PTA Executive Body Meeting for the current academic year was held on 13<sup>th</sup> July 2024 to elect the new committee. The ex -PTA Vice President Mrs. Manali Kotian was given a warm farewell.



The PTA Committee for the academic year 2024-2025 consists of the following members.

President	Rev. Fr. Laiju Varkey
Vice President	Mrs. Anisha Saini
Secretary (Teacher)	Mrs. Surekha Kadam
Joint Secretary (Parent)	Mr. Sameer Sawant
Joint Secretary (Parent)	Mrs. Saloni Kadam

## Student Counsellors

Counsellors are integral to a school's ecosystem, ensuring that students receive the support they need to thrive academically, emotionally and socially. Our three esteemed Student Counsellors play a critical role in fostering a supportive and nurturing environment for our students.



**Fr. Ittoop Panikulam**



**Fr. George Mepurath**



**Fr. Salvador Carvalho**



# INVESTITURE CEREMONY

The Investiture Ceremony is one of the most significant events in a school's calendar symbolizing responsibility, leadership and trust placed in our young students. The Investiture Ceremony was held in June, 2024. The following students had been elected.



PRIMARY SECTION		
Head Girl	Miss. Dalvi Swara Milind	
Head Boy	Mast. Fernandes Sean Raymond	
Discipline In-Charge	Miss. D'souza Zyana Nelson	Mast. Govekar Aaradhy Sudhakar
Environment In-Charge	Miss. Mathia Samara Cecelia Keegan	Mast. Mestry Amey Nitin
SECONDARY SECTION		
Head Girl	Miss. Garde Ojasvi Kiran	
Head Boy	Mast. Reddy Maanav Elango	
Discipline In-Charge	Miss. Zuting Sameera Santosh	Mast. Sharma Mayank Dinesh
Environment In-Charge	Miss. Kamble Sonakshi Sunil	Mast. Singh Ansh Deepak
Sports In-Charge	Miss. Kadam Siya Shailesh	Mast. Sawant Paras Vijay
Science Club	Miss. Sawant Rahi Banderao	Mast. Tambe Sarthak Satyawan
Nature Club	Miss. Gawde Sanskruti Ramachandra	Mast. Rawool Siddhant Raghunath
Red House	Miss. Sheikh Nasreen Shamim	Mast. Dave Vansh Anil
Blue House	Miss. Satam Vaibhavi Niteen	Mast. Mehta Aniket Devesh Singh
Green House	Miss. Upadhyay Prachi Lolaraknath	Mast. Shetty Ayush Santosh
Yellow House	Miss. Mandlik Arohi Arun	Mast. Panchal Yug Sandesh

JUNIOR COLLEGE SECTION	
General Secretary	Miss. Yadav Nisha Jaiprakash
Assistant General Secretary	Miss. Singh Kashish Dinesh
Cultural Secretary	Miss. Yadav Amisha Jaiprakash
Sports Secretary	Mast. Singh Prince Mohan



DEGREE COLLEGE SECTION	
President	Miss. Josline Indwar
Vice- President	Mr. Adarsh Bangera
Secretary	Mr. Siddesh Pandey
Treasurer	Mr. Ajay Gupta

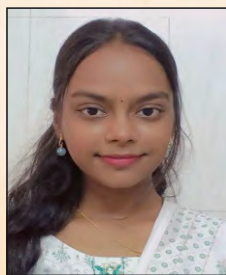


## ACADEMIC TOPPERS

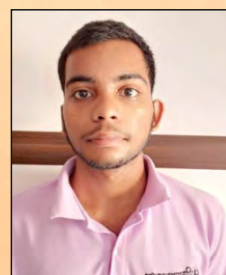
S.S.C		
1st	Miss Rawat Gayatri Bachhan	96.40 %
2nd	Miss Rai Aarushi Vishwabandhu	95.60 %
3rd	Master Kale Parth Nagesh	94.40 %



H.S.C (Commerce)		
1st	Miss Sayed Misba Abdul Rehman	90 %
2nd	Miss Sandha Disha Bhavesh	85.83 %
3rd	Miss Chalke Swarangi Rupesh	84.83 %



H.S.C (Science)		
1st	Master Rai Shivans Kaushal	72.67 %
2nd	Miss Sape Hemlata Prasad	72.17 %
2nd	Master Vishwakarma Akash Sandeep	72.17 %





# T.Y. TOPPERS

## (Semester VI)

### T.Y.B.Com



1<sup>st</sup>

Pandey Kajal  
Pramod  
GPA: 9.25



2<sup>nd</sup>

Tiwari Princi  
Ramashankar  
GPA: 8.85



3<sup>rd</sup>

Salvi Roshni  
Dilip  
GPA: 8.05



1<sup>st</sup>

Ryan Macwan  
GPA: 9.85



2<sup>nd</sup>

Tambe Kashish  
Prabhakar  
GPA: 9.85



3<sup>rd</sup>

Gupta Namrata  
Vinay  
GPA: 9.70

### T.Y. BAF



1<sup>st</sup>

Mendis Merita  
Thomas  
GPA: 10.00



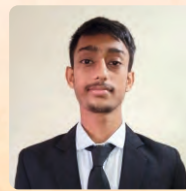
2<sup>nd</sup>

Ferraro Donovan  
Martinho  
GPA: 9.85



3<sup>rd</sup>

Hadkar Aarya  
Rohit  
GPA: 9.85



1<sup>st</sup>

Yadav Omkar  
Dharamraj  
GPA: 9.70



2<sup>nd</sup>

Gaikwad Sakshi  
Shailendra  
GPA: 9.30



3<sup>rd</sup>

Yadav Sakshi  
Ravishankar  
GPA: 9.20

### T.Y. B.Sc



## S.S.C. Toppers Students 2023-24

SR.NO.	NAME OF THE STUDENT	PERCENTAGE
1	Rawat Gayatri Bachhan	96.40 %
2	Rai Aarushi Vishwabandhu	95.60 %
3	Kale Parth Nagesh	94.40 %
4	Khan Mohd Rizwan Ramzan Ali	93.80 %
5	Kotian Riya Yashwant	93.80 %
6	Gawde Jai Sachin	93.60 %
7	Koli Meghna Rajendra	93 %
8	Dhamne Sneha Vinayak	92.80 %
9	Tawde Parth Prashant	92.16 %
10	Mayekar Asmi Rajesh	92.60 %
11	Dhuliya Aastha Kailas	92.40 %
12	Dalvi Lailesh Dilip	91.80 %
13	Gujar Aditya Sanjay	91.40 %
14	Kadam Soham Shailesh	91.20 %
15	Suryawanshi Prachi Gautam	91.20 %
16	Pednekar Sai Suryakant	91.20 %
17	Hawaladar Sara Sajid	91. 20 %
18	Birje Nabha Vinod	90.60 %
19	Oza Dhairya Vimesh	90.60 %
20	Upadhayay Aayush Ramesh	90.60 %



# Orientation Day & Freshers Day Celebration

Orientation Day: The Junior College Orientation Day Program was held on 9th August 2024.

The guest speaker, Rev. Fr. Sajith, SVD was equal to the task of both guiding and inspiring our audience with his words of wisdom.

The Science & Commerce faculty members introduced our fresher students and their parents, to the various courses offered by our Institution, along with various career opportunities that are associated with the subjects that they would be learning.

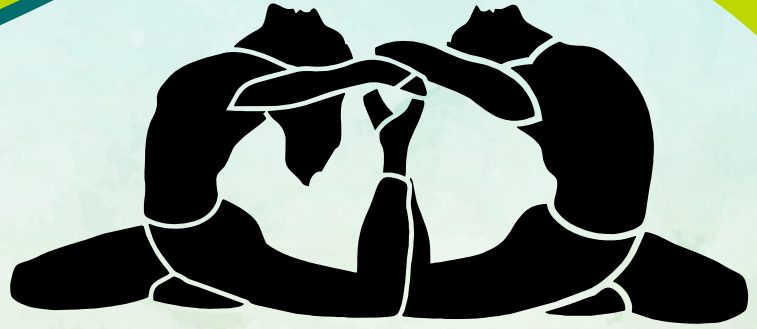
Freshers Day - A get together program for the newbies was organised by the College in compliance with SYJC students. The program witnessed graceful dances and singing performances by the SYJC students giving a grand welcome to their juniors. The event also included some fun filled games adding a sense of togetherness.





# MONTHLY ACTIVITIES

## JOYFUL JUNE International Yoga Day



International Yoga Day was celebrated on 21st June, 2024 in the school hall to promote physical and mental well-being among the students. The students performed meditation, breathing exercises and some powerful asanas, reflecting strength, flexibility and focus.



Manager's Birthday: The birthday of our esteemed manager, Rev. Dr. Fr. Scaria Pannackal, was celebrated at school with great warmth and simplicity. The day began with a special prayer, seeking blessings for his health, followed by a joyful cake-cutting ceremony. It was a moment of gratitude and celebration, reflecting the respect and love everyone holds for him.





# JOVIAL JULY

The college section organized inter-class events for Carrom and Football, exclusively for the students of Std. 12. The students participated with great enthusiasm, showcasing excellent team spirit throughout the games. It was a fun-filled and engaging day that brought energy and excitement at the very beginning of the academic year, fostering camaraderie and healthy competition among the participants.





# AMAZING AUGUST

## Independence Day Celebration



The 78th Independence Day of our Nation was celebrated with grandeur and enthusiasm on 15th August 2024. The day began with a splendid parade by the RSP and the Scouts and Guides.

The flag-hoisting ceremony was led by our esteemed Chief Guest, Captain Pavittar Singh and his wife, whose presence added significance to the occasion. As the national flag unfurled, the crowd reverberated with the soulful singing of the National Anthem.

The ceremony was followed by a short programme in the school hall, featuring an array of captivating dance performances, yoga display, patriotic songs and musical skit.

The program concluded with an inspiring speech by the Chief Guest. The celebration was a blend of patriotism, creativity, and inspiration, leaving everyone motivated to contribute to the progress of our Nation.





# SUPERB SEPTEMBER

## TEACHER'S DAY

Teachers' Day was celebrated with great enthusiasm to honor and appreciate the dedication, hard work, and guidance of our beloved teachers in shaping the future of students on 5<sup>th</sup> September 2024. As a gesture of love and compassion, the teachers donated notebooks, which were later distributed to the underprivileged students, reflecting the true spirit of giving and nurturing.



## SELF – GOVERNANCE DAY

Self-Governance Day was also celebrated on Teacher's Day allowing students to step into the roles of teachers. Students from Std 10 took on various roles, including teaching younger classes, conducting assemblies, and even ensuring discipline across the campus. The day provided a platform for them to display their talents, creativity, and problem-solving abilities. Teachers guided and mentored the students during their preparation, ensuring the day ran smoothly.





# SUPERB SEPTEMBER

## Talents Day

The school had an exciting and vibrant Talents Day Program, giving students a platform to showcase their abilities and creativity! The Talent Day program featured a range of on-stage and off-stage performances. This initiative not only encouraged students to explore their interests but also fostered confidence, teamwork, and healthy competition. The primary, secondary and Jr. college students actively participated, making the event a memorable celebration of creativity and showcase of talents.





# SUPERB SEPTEMBER

## Talents day





# OUTSTANDING OCTOBER

## NO SCHOOL BAG DAY

The Beautiful Thing About Learning Is That No One Can Take It Away From You.

On 5th October 2024, the Primary Section observed "No School Bag Day." Rather than lugging books to school, life education was organized through fun experiences. The major goal of organising this day, was to add more color to students' learning, by training them in other areas, (apart from books). Various activities were conducted like Zumba, Action Songs, Talk On Healthy Food And Safe and Unsafe Touch, Fun Educational Games like Mime, Coconut Multiples, Learn a New Language and many more. The students enjoyed every single activity and went back home with a heart full of happy memories.





# NOTABLE NOVEMBER

## Children's Day celebration

Children's Day was celebrated with great enthusiasm and joy on 14th Nov 2024, as the teachers came together to organize a heartwarming program to make the students feel special and valued. The event began with a serene prayer service and a beautiful prayer dance, setting a positive tone for the day. The day was filled with laughter, appreciation, and memorable moments, making it a cherished celebration for all the children.



## SPORTS DAY

The Annual Sports Meet was held on the 29th and 30th of November 2024 which was inaugurated by the Chief Guest, Ms. Snehal Patil, P.Ed. from Jamnabai Narsee School, who declared the Sports Meet open. The celebration began with impressive drills and a captivating Mallakhamb performance. The Sports Meet was a perfect blend of fun, competition, and camaraderie, creating lasting memories for all participants.





# DAZZLING DECEMBER

## 27th Annual Day





# DAZZLING DECEMBER

## 27th Annual Day





# DAZZLING DECEMBER

## Christmas Celebration

On 22nd December 2024, the school joyfully celebrated Christmas with great enthusiasm and spirit. The festivities began with a prayerful assembly setting a serene and reflective tone for the occasion. This was followed by a vibrant programme featuring melodious carols, a captivating musical skit, and an energetic Christmas dance, filling the atmosphere with festive cheer. An inspiring and heartfelt message delivered by the Chief Guest, reminding everyone of the true essence of Christmas—love, joy, and giving.

The celebration brought the entire school community together, fostering a sense of unity and festive spirit.





## JANUARY

### Rev. Fr. Laiju's Birthday Celebration

On January 2, 2025, the Arnoldian staff came together to celebrate the birthday of our beloved Principal, Rev. Fr. Laiju. A special assembly was held, where heartfelt blessings were showered upon him, acknowledging his dedication and leadership. The celebration continued with a delightful lunch organized by the management, bringing joy and togetherness to the entire Arnoldian family.



### Republic Day





# Nursery Activities

St Arnold's High School and Junior College introduced their Nursery Section in the academic year 2024-25 to provide a strong foundation to the toddlers before they enter the pre-primary section.

The academic year for our toddlers began on a delightful note with an Orientation Day for the parents, setting the stage for a year full of learning and joy. Throughout the year, various activities were organized to engage and nurture our little ones:

**Grandparents' Day:** A heartwarming event where grandparents joined the children for a day filled with music, storytelling, and fun activities. The children created beautiful hand-print flowers as a token of love and gratitude for their beloved grandparents.

**Independence Day:** Celebrating the spirit of patriotism, our students dressed in vibrant traditional attire, and participated in a parade to honor our great Nation.

**Diya-Decoration Competition:** This festive event showcased the creativity and enthusiasm of both children and their parents. Together, they decorated the diyas with creativity making the competition a grand success.

**Navratri Celebration:** The joyous festival of Navratri was celebrated with traditional fervor. The children dressed up in traditional attire and danced enthusiastically to the rhythmic beats of garba and dandiya.

Each event brought immense joy, and created lasting memories, fostering creativity, cultural awareness, and a sense of community among our little learners.









## Pre-Primary Section Activities

The Pre-Primary Section buzzed with excitement throughout the year as a variety of engaging activities were organized to nurture creativity, communication skills, and a sense of belonging among our young learners.

**Story Narration and Poetry Recitation Competition:** These events provided an exciting platform for the children to express themselves creatively which enhanced their communication skills and help them to gain confidence in an interactive and enjoyable way.

**Independence Day Celebration:** Our young learners were introduced to the values of National pride, History, and Unity through age-appropriate and enjoyable activities. It was a meaningful way to instill a sense of patriotism in their tender hearts.

**Children's Day Celebration:** A day dedicated to our little ones, the celebration was filled with fun activities, valuable lessons, and moments of recognition. The children felt special and appreciated for their unique qualities, making the day truly memorable.

These activities not only fostered the holistic development of our Pre-Primary students but also created cherished memories for everyone involved.









## SCIENCE CLUB



## NATURE CLUB





# LANGUAGE DAY CELEBRATION

## HINDI DIWAS



## MARATHI DIWAS





# EXTRA CURRICULAR ACTIVITIES

- St. Arnold's High School and Jr College secured the 2nd Place In Overall Championship Jogeshwari Marathon.
- Sohail Warsi won the 3rd place in DSO Karate Championship.
- Prapti Naik won the 3rd Place in DSO Karate Championship.
- Yashraj Jadhav secured 3rd Place in DSO Karate Mumbai Surburban Championship.
- Reet Yadav won Gold and Silver Medals in District Level in Endurance Skating Competition.
- Priyansh Tanawade won Gold and Silver Medals in District Level Skating Competition.
- Drishti Vishwakarma won 3 Bronze Medals and 2nd Place in 800 m SFA
- Sarthak Vichare won 2nd Place in 100 mts Breast Stroke Swimming , 100 mts Freestyle Swimming (DSO), 100 mts Breast Stroke (MSSA) and 3rd place in 50 mts Butterfly Stroke Swimming (DSO)
- Ruth Vas won Gold medals in District level and Zonal Level and Silver medal in State Level in Taekwondo.

## ROLLER ATHLETICS MUMBAI SUBURBAN DISTRICT LEVEL COMPETITION :

- Shriyansh Patankar won a Bronze medal in Long Race, 1 Bronze in Long Race
- Priyansh Vishwasrao won a Gold and a Bronze medal and qualified for State Level.

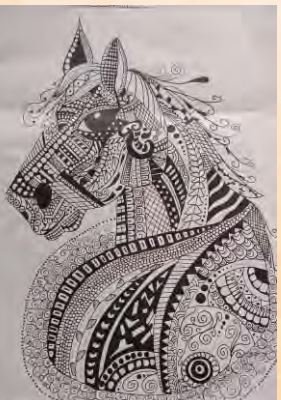




## CURRICULAR ACTIVITIES



## ART WORK BY ARNOLDIANS





## Families

Families are made of people,  
Who care about you.  
My Family is special.  
And so is your Family too!  
Mothers & Fathers  
And sisters & brothers  
Grandmas & grandpas.  
And so many others!  
One family is big,  
While another is small.  
Some families have children.  
And some none at all!  
When we are together.  
Or far, far apart,  
The people I love,  
Always fill my heart!!!

- Niyati Nilesh Nawale, (4<sup>th</sup> A)

## Do Not Give Up

If you keep going on, and never stop,  
You can keep going on,  
You can make it to the top.  
Life is full of mountains,  
Sometimes big or even small  
But if you don't give up,  
You can overcome them all,  
So keep going on.  
So try not to stop,  
And keep going on,  
Because when you keep going on,  
You can make it to the top.

- Nayra Kour Rooprai, (3<sup>rd</sup> A)

## First Day at School

I wonder if my drawing  
Will be as good as theirs  
I wonder if they'll like me  
Or just be full of stares  
I wonder if my teacher  
Will look like my mom  
I wonder if my first day  
Will be as I wished it to be !

- Aayush Thakur, (3<sup>rd</sup> C)

## Jokes

1. "Silence in the court!" cried the judge.  
"The next man who shouts will be sent out!"  
"Hurrah" shouted the prisoner.
2. Why did the tiger not eat the joker?  
Because he would taste funny.
3. Once a mosquito gave birth to a baby. She made him learn everything that a child should know. When he flew alone for the first time, the mother asked him, "How was your flight?" " Mom, I enjoyed it a lot because wherever I flew, I could see people clapping for me."
4. "Where's your homework," asked the teacher.  
The child replied, "I am sorry ma'am, I made it into a paper plane and someone hijacked it."



## The Moon

Shining, shining all night long,  
Birds are singing a melodious song.

The night is long, the night is dark,  
In the sky there are twinkling stars

Everyone comes by their window,  
To witness the beautiful moon,  
Stars comes twinkling by  
Making this a beautiful mood.

Everyone has a happy face,  
No one is dull over here,  
A smile full of grace,  
For the sight is so very dear.

**- Khan Madiha Akhlaq Ahmed (6<sup>th</sup> C)**

## Night Time

As the sun sets in the west,  
And as the night begins,  
The day comes to an end,  
We see the people lying on their beds.

When the birds stop flying,  
We can hear the foxes crying,  
We can see the fireflies,  
And the moon shining bright.

Watching the shining stars,  
It enlightens my heart,  
And while encountering these,  
The sun rises from the east.

So a new day begins,  
With some new opportunities.

**- Dani Kalpesh Shah (6<sup>th</sup> B)**

## Together Always

We fly together, high and free,  
We cry together, you and me.  
We reach for dreams, hand in hand,  
Friends forever, in a special band.  
Together always, through good and bad  
Together forever but never sad.

**- Rutuja Sawant (10<sup>th</sup> D)**

## The Realisation

In a world so cold, I turned old,  
Lately, realized my hair is white  
Something hidden, yet plain to see,  
Lies to be free.

When I was young, the world was bright,  
I wished to mould, happiness wide.  
But life unfolded, and dreams took flight,  
Leaving me with untold, silent night.

In a world full of folds,  
I longed to unfold.  
To shed the disguise.  
But now, I see the truth so cold,  
My life, a whim, a story untold

Under the tree I rest, I rest free,  
In heaven's light, where my heart can be  
Yet, another realization hits me  
A life lived, with moments unseen.

**- Rutuja Sawant (10<sup>th</sup> D)**



## Perseverance

Nothing has ever been easy for the creator,  
Neither for the greater, and nor for the  
nature.

Scarcely for the birds who fly those miles,  
And barely for the officers who work on files.

Our demands never end  
We always wish for a little more,  
Not everyone's heart is as pure  
As that of a child at core.

Let's cherish each moment  
And love in our sight,  
And fill our hearts with kindness,  
Making everything alright.

With every fall we stand up again,  
Stronger and wiser,  
With a heart that can sustain.  
Hope help us overcome our pain,  
And leads us to success  
Like sunshine after the rain.

## Memories

We may complain about our school work,  
Perhaps we think our lessons are hard  
We'd much prefer to be playing out,  
And running in the big school yard  
But with the passing of the years,  
The dearest memories we recall  
Will be of the hours that we have spent,  
Behind the old gray school wall.

It's a voice that whispers, "Don't give up the fight,"  
When challenges seems difficult  
And the roads ahead are not bright.  
It's the fire that burns with a flame that never  
fades,  
Guiding us forward through life's joys and shades.

With hope and strength, we can move  
mountains high, And achieve greatness, as  
we touch the sky. Let's perceive, through  
every trial and test, And conquer victory,  
with a heart that's truly blessed.

**- Tanisha Ganesh Karkera (10<sup>th</sup> D)**

We may consider it a trial,  
To have to add and multiply,  
And lessons in geography  
Bring many a long drawn, anxious sighs  
But with the passing of the years  
When time has cast its purple haze,  
The memories that we will treasure,  
Will be of our long-gone, school days.

**- Vaidehi Patkar (10<sup>th</sup> B)**



## Nature's Gift: A Call To Care

Nature's whispers call us near,  
With gentle breeze, soft and clear.  
Mountains tall and rivers wide,  
Teach us peace and joy inside.  
Air to breathe and water clear,  
Nature's gift we hold so dear.  
Let's protect this precious place,  
For every creature, every face.

Listen closely to the birds that sing,  
Nature's beauty is a wonderous thing.  
So let's take care, with hearts so true,  
For nature's gifts are here for you.

Plant a tree, pick up some trash,  
Save the bees, let's make a splash.  
Reduce, reuse, recycle too,  
Every little action starts with you.

As we explore this land so grand,  
Let's hold its magic in our hands.  
Together we can make a stand,  
For a healthier world, let's be a band.

With love and kindness, let's pave the way,  
For future generations, let's save today.  
In every heart, let nature reside,  
For a thriving Earth, let's work with pride

- Saanvi Sadashiv Mahadeshwar (5<sup>th</sup> B)

## Why every Indian needs to follow a healthy diet?

A Healthy diet, is the word which scares the majority of citizens of India. It doesn't matter even if it is a child, a teenager, an adult or senior citizen; everyone gets scared after hearing this word. What is a healthy diet? Is it some kind of cruel punishment? Or is it the gate of hell? It is nothing but just a part of a healthy lifestyle, the majority of the Indians don't want to follow. Why is it that the majority of Indians don't want to follow a healthy diet? What is it?

Is there some kind of black magic which is not allowing us to have a healthy diet? It is nothing but a habit which has led down on us since our childhood. Our relatives, friends, society and even parents have been giving us sugary foods, fast foods etc. since our childhood. When following a healthy diet everyone thinks that healthy diet doesn't have a good taste and we can't enjoy it. It is just our mindset which we have set on our own and if we want we can change it. Every food is tasty, it is just how you make it and what ingredients you put in it and to whom you give to make that dish. If anything is done for its benefit, we will eventually stop it on our own some day. We should not eat healthy food because it offers benefits, we should eat to correct our lifestyle and habit and become a healthy person.

Nowadays, minority of people realise the importance of healthy diet but it won't work because every citizen in our country needs to know the importance of a healthy diet. We should spread the message of a healthy diet to everyone as much as we can.

'We only live once; it is in our hand whether we have to make it meaningful and worthy or we have to destroy it just by enjoying things'.

- Shreyas Bansode (10<sup>th</sup> D)



## माझे बाबा

सावळ्या रुपातला बाप माझा  
दारिद्र्य सोसतच संसाराचा गाडा ओढतो.  
भुकेलेल्या लेकरांची तोंड पाहून,  
नुसत्याच पाण्याने पोटाचा खड्डा भरतो.  
दारिद्र्य इतके की, मायचा माझ्या  
चोळीचा एकच दंड मात्र,  
दुसरा दंड पदराने झाकलेला.  
मायची माझ्या कासावीस अवस्था पाहतो आणि,  
स्वतःच्या ठिगळांचा त्यास विसर पडतो.  
भर उन्हात कष्ट करता - करता,  
मुलांच्या शिक्षणाची स्वप्ने पाहतो.  
त्या चिमुकल्यांच्या जगात भटकतांना स्वतःची स्वप्ने धुळीस लावतो.  
कोणत्याही भौतिक सुखाशिवाय आम्ही जगतो हे त्यास रुचत नाही.  
अंगावरच्या ओघळणाऱ्या आमच्या घामाच्या धारा पाहून  
त्याच्या टॉवेल्याचा पंखा करतो.  
दगडी-वजा उंबरठ्याची जेव्हा मी उशी करतो तेव्हा,  
बाप माझा मांडीची उशी धरतो.  
झिजून - झिजून धोतरातून डोकावणारी  
हाडं मात्र मला टोचत नाहीत ती धोतरातूनच डोकावतात फक्त !  
वरून खरखरीत झालेला हात कष्टाची साथ देतो.  
मला ओरबाडत मात्र नाहीत. मला ठाऊक आहे ती गोष्ट,  
मांजरीच्या पिल्लाला, मांजरीचे दात कधीच लागत नाहीत.

- Mrs. Vandana Bansode (Teacher)

## आई

आई म्हणजे काय आहे?  
आई म्हणजे पाठीवरची थाप आहे, जगण्याचं माप आहे.  
कधी रागावली तरी, तिची माया अमाप आहे.  
आई म्हणजे काय आहे?  
आई म्हणजे शिस्तबद्ध धाक आहे, आई म्हणजे आपल्या  
आयुष्याला पुढे नेणार चाक आहे. आई म्हणजे काय आहे?  
आई म्हणजेच एक 'राजसिंहासन' आहे, ज्यावर विराजमान  
मी एक 'बहुमूल्य रत्न' आहे ! बाकी... सर्व मात्र आईसमोर  
'खाक' आहे ! 'खाक' आहे !

- Shraddha Kale (8<sup>th</sup> C)

## सूर्याच्या सावल्या

सूर्याच्या सावल्या कधी कळल्या का?  
ते जळते किरण, पण थंड ओल्या का?  
प्रकाशाचा राजा तरी सावली मागे,  
जिंकलं तरी काहीतरी हरवलं मागे ।  
तप्त उन्हातही सावली लपते, शांत गुढ्याच्या कुशीत झोपते ।  
कधी लांबट, कधी लहान, काळाच्या खेळात तीच जाण ।  
दिवस सरतो, ती वाढत जाते, संध्याकाळी तीच जग व्यापते ।  
अवकाशाला सांगते शांततेचा अर्थ, जिथे थांबते, तिथेच भेटतो मृत्यूचा वर्तुळ ।  
सावलीच्या वाटा पुसटसुद्धा नसतात, तरी त्या सत्याला नेमक्या भेटतात ।  
प्रकाशाच्या कडांवरून चालत, अंधाराशी गुपित जुळवत राहतात ।  
जीवनही असंच, प्रकाशासोबत अंधार, सावल्यांनी सांगितला, अस्तित्वाचा आधार ।  
सूर्याच्या सावल्यांतून शिकू काही; प्रकाशालाही अंधार लागतो साथी ।

- Swarangi Jadhav 8<sup>th</sup> B

## दुर्गम दुर्गाचा प्रवास

सगळेच दुर्ग आहेत दुर्गम  
तुलनाच नाही कशाची,  
भवकम पाया, उत्तम बांधणी  
हीच निशाणी तयांची.  
करून किती लढाया  
गमिनीही थकला...  
दुर्गावर चढवून हल्ले  
तोही मग पळाला...

मानाचा मुजरा माझा  
माझ्या शिवबा रायाला...  
शतदा सलाम माझा  
फडकत्या भगव्या ध्वजाला..

प्रवास नाही सोपा  
दुर्गम हा दुर्गाचा...  
हेतू हाच होता  
दुर्ग बांधणीचा...

नव्हते एवढे स्वस्त  
दुर्ग हो काबीज करणे...  
रक्षणासाठी एकच ध्येय  
मरणे किंवा मारणे...

दुर्गम दुर्ग शाबूत राहिले होईल पावन जन्म  
आज फक्त तुमच्यामुळे... घेता दर्शन दुर्गाचे...  
असला कठीण प्रवास जरी पाहिल स्वप्न आता  
मन दुर्गम दुर्गावर झुले... दुर्गम दुर्ग प्रवासाचे...

- Arnav S. Raut (6<sup>th</sup> A)

## स्मार्टफोनचा वापर

आजकाल स्मार्टफोन आम्हां विद्यार्थ्यांसाठी अत्यंत उपयुक्त साधन बनला आहे.  
अभ्यासाच्या संदर्भात, आंतरजालाचा उपयोग करून शैक्षणिक माहिती गोळा करणे आणि  
ऑनलाईन कोर्सेसचा उपयोग करून आम्ही ज्ञान वाढवू शकतो. परंतु, जर स्मार्टफोनचा  
वापर आम्ही मर्यादित आणि योग्य वेळेत केला नाही, तर तो वेळ वाया घालवण्याचे,  
सोशल मिडियामध्ये अडकून राहण्याचे आणि मानसिक तणावाचे कारण बनू शकतो.  
त्यामुळे स्मार्टफोनचा वापर शिस्तीने आणि उत्तम पद्धतीने करणे आवश्यक आहे.

- Prachi Panchal (8<sup>th</sup> B)



## सुख

खरे सुख कुठे आहे?

पैसे, दागिने, कपडे, बंगला, गाडी या वस्तू ज्याच्याकडे आहेत.  
यातच सुख आहे का? किंवा ज्या कोणाकडे सर्वस्व आहे तो सुखी  
आहे का? नाही, आपलं उत्तर नाहीच असेल! जर तुमच्याकडे सर्व  
गोष्टी असूनही तुमच्या जीवनात आनंद नसेल तर या सर्व गोष्टी शून्य आहेत.

मित्रांनो, आपण आनंदी असण्यापेक्षा आपण दुसऱ्यांना किती आनंदी ठेवू शकतो  
किंवा त्यांचे जीवन कसे फुलवू शकतो, याचा प्रयत्न करणे आवश्यक आहे.  
देवळात दान करण्याऐवजी एखाद्या गरीब व्यक्तीला दोन वेळेचं जेवण देणे,  
गोरगरिबांना मदत करणे, जे दुःखात आहेत त्यांचे दुःख हलके  
करण्यास मदत करणे. यातच आपले खरे सुख आहे.

थोडक्यात, आपण नेहमी निस्वार्थी राहिलो पाहिजे. परोपकारी वृत्ती अंगी  
बांधली पाहिजे हेच आपले खरे सुख आहे.

- Shravya Abhinay Bhogal (6<sup>th</sup> A)

## आज की नारी

अलख जगी, जागरूकता फैली,  
बदली परंपराएँ जो थी मैली ।  
स्त्री शिक्षा को नया जीवन मिला,  
मान मिला, सम्मान मिला ।।

स्वाभिमान से नया जीवन, जीने का वरदान मिला ।  
दहेज प्रथा, पर्दा प्रथा, सती प्रथा यह थी कुरीतियाँ ।।

इन बेड़ियों को तोड़कर, आगे बढ़ी नारियाँ ।  
लक्ष्मीबाई, कल्पना चावला, इंदिरा गांधी  
यह हैं भारत की नारियाँ ।।

इनसे हर एक को, लेना चाहिए प्रेरणा ।

- Gandharvi P. Parkar (5<sup>th</sup> C)

## तो बात बने

नफरत मिटाके दिखा, प्रेम फैलाके दिखा ।  
इंसान है अगर तू तो इंसान बनके दिखा ।।  
तो बात बने ...

माँ-पिता को समझ लिया तो क्या, मान किया भी तो क्या ।  
इन्हें साथ रख के दिखा, चेहरे पर मुस्कान लाके दिखा ।।  
तो बात बने ...

विकट घड़ी में अपने को संभालके तो दिखा ।  
ज्ञान के सागर में तैरकर तो दिखा ।।  
खुद को सही राह में लाकर तो दिखा ।  
तो बात बने ...

तनाव भरे जीवन जी कर तो दिखा ।  
परिवार को साथ लेकर तो दिखा ।।  
त्याग तू करके दिखा,  
फिर भी कटु वचन सहके दिखा ।  
हँसके दिखा, हँसाकर दिखा ।।  
तो बात बने ...

आरक्षण की दुकान बंद करके दिखा ।  
मेहनत की दुकान शुरू करके दिखा ।।  
सक्षम का परचम लहराके दिखा ।  
देश को आगे बढ़ाके दिखा ।।  
तो बात बने ...  
इंसान है अगर तू तो इंसान बनके दिखा ।  
तो बात बने ...

- Mansha Sharma (7<sup>th</sup> C)

## दिल्ली

(एक बार की बात है पप्पू मंदिर गया था ।)  
पप्पू : कोरोना वायरस फैल रहा है बड़ा डर लग रहा है, पंडित जी ।  
पंडित जी : डरने की कोई बात नहीं है. हाथ आगे करो और यह लो ।  
(पप्पू ने वह जल हाथ में लिया और पी लिया ।)  
पप्पू : जल थोड़ा कड़वा नहीं है, पंडित जी ?  
पंडित जी : हे मूर्ख, वह जल नहीं हैड सेनिटाइजर था ।

- Hardik J. Dalvi (9<sup>th</sup> A)



## Childhood

In the depths of darkness, a spark comes to light,  
A tiny heartbeat, a gentle flickering light.  
Beneath a mother's love, a soul begins to unfold,  
A journey starts, a story yet untold.  
Oh childhood! sweet fleeting grace,  
Every butterfly in the park, you had to chase.  
You climbed each tree, reaching for the sky,  
Believed in magic and fairies, never questioned why.  
Yet, in every adult, a child still sleeps,  
In dreams at night, it gently creeps.  
So, carry it with you, that child, deep inside,  
Through storms and struggles, never let it hide.  
Oh childhood! sweet fleeting grace,  
Young ones, you wanted to win every race.  
In times you'd fall, in times you'd rise,  
Just how you saw the world, through these eyes.  
Like autumn leaves they fall, one by one,  
These days, they're going, like on a run.

– REGO ALISHA ALBERT (12<sup>th</sup> SCI B)

## A War Unwon

I saw her smile, my world stood still,  
Her laughter warmed the coldest chill.  
A timid boy with dreams untold,  
I longed to be both brave and bold.  
I ran, I lifted, I gave my all,  
To break the barriers, to stand tall.  
Yet every glance, my fears betrayed,  
In love's bright light, my heart delayed.  
Her kindness sparked a fleeting glow,  
But doubt and silence let it go.

One day, I found she'd gone away,  
Her heart with someone else would stay.

In college halls, I laughed, I lied,  
Hid broken dreams and tears inside.

But every night, her face appears,  
A love that lingers through the years.

She taught me joy, she taught me pain,  
A love I'll never know again.

So here I stand, my story done,  
A battle lost, a war unwon.

So here I stand, my story done,  
A battle lost, a war unwon.

– MICHEAL ASHER MOSES (12<sup>th</sup> COM A)

## Friendship

Friendship –

It's like a bird with wings,  
It soars high and flies free,  
Bringing joy for you and me.

If time is laughter, time is tears,  
Friends are there who calm our fears,  
Through every up and every down,  
They lift us up when we might frown.

When the days are bright and fair,  
Friends are those who care.

In moments of both joy and strife,  
They colour our life.

No matter where they lead,  
True friends are in thoughts and deeds.

Through every track thick and thin,  
Their kindness, shines deep within.

So, cherish the friends you find,  
Their pleasures, rare and kind.

– PEREIRA MONIKA ROLAN (12<sup>th</sup> COM A)





# ST. ARNOLD'S NIGHT DEGREE COLLEGE OF ARTS AND COMMERCE (AFFILIATED TO UNIVERSITY OF MUMBAI)

**COLLEGE CODE : 1207**

## PROGRAM OFFERED

- BACHELOR OF COMMERCE
- BACHELOR OF COMMERCE (ACCOUNTING & FINANCE)
- BACHELOR OF COMMERCE (MANAGEMENT STUDIES)
- BACHELOR OF SCIENCE (INFORMATION TECHNOLOGY)

## HIGHLIGHTS

- ICT ENABLED CLASSROOM
- INTERNSHIP & PLACEMENTS
- VALUE ADDED COURSES
- EXTENSION ACTIVITIES
- INDOOR & OUTDOOR SPORTS
- MENTORING & COUNSELLING
- INDUSTRIAL VISIT
- COMPUTER LABS, ETC



## CONTACT

[arnoldegrecollege@gmail](mailto:arnoldegrecollege@gmail.com)

[www.arnoldscollegeandheri.edu.in](http://www.arnoldscollegeandheri.edu.in)

MAHAKALI CAVES ROAD, ANDHERI (EAST)  
MUMBAI - 400093







**Degree College Staff**



**Junior College Staff**



**Secondary Staff**



**Primary Staff**

# **ARNOLDIAN STAFF 2024 - 25**



**Pre-Primary & Nursery Staff**



**Non-Teaching Staff**